

2025 health care predictions part 3

December 20, 2024
By Keith A. Reynolds

Opinion Article



What top health care leaders expect from the new year

Kent Dicks, CEO and founder of Life365



I expect a significant increase in the adoption or expansion of remote patient monitoring programs in 2025 as practices prepare for the upcoming CPT code changes slated to take effect in 2026. As announced at the end of 2024, the AMA CPT Editorial Panel recommended that patients only need to submit 2 days versus 16 days of monitoring data for physicians to bill for reimbursement; the panel also reduced their related time requirements from 20 to 10 minutes. To ensure these virtual care services are a rewarding financial ROI, practices should develop remote management experience in collecting and analyzing data, communicating with patients, and filing claims. Next year will offer the perfect opportunity to build that knowledge base so that they can hit the ground running in 2026.

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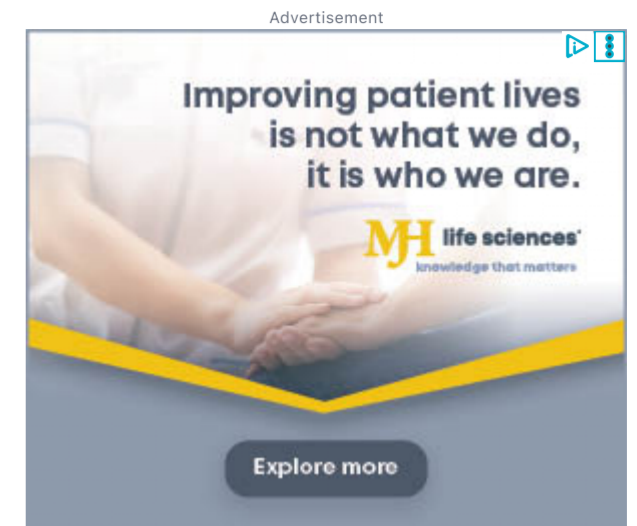
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Each new year brings a feeling of endless possibilities and this is felt nowhere more than in the realm of health care which is seeing seismic shifts in technology and policy.

We asked leaders from across the health care space to take out their crystal balls and see if they can give some insight into what awaits the industry in 2025. Here's what they said:

Check out [part one](#) and [part two](#).



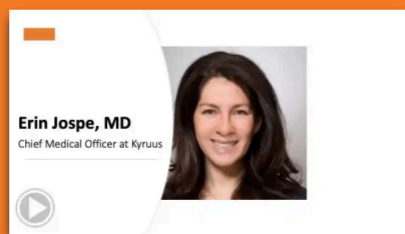
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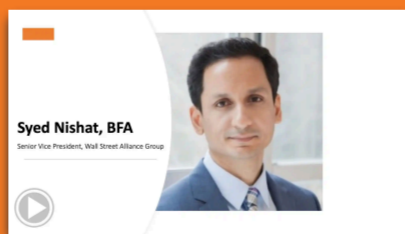
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